



# Seedlings

Volume 2, Issue 3

## New Contributions to the Park

### Peter Stanbridge

A pretty new gazebo graces the lawn of the Interpretive Nature Center, just in time for summer! Long-time park visitor Peter Stanbridge donated a new 12' diameter gazebo to the Genesee County Park & Forest in honor of his late wife, Susan Stanbridge. The East Bethany couple enjoyed the park on a daily basis, taking long walks with their dogs, whose names are found on the gazebo. The new gathering place features a solar-powered electronic device charging station and a view overlooking the meadow. In addition to providing a shaded resting spot, it serves as an extension to the outdoor classroom and activity space for visiting groups. The gazebo was dedicated on May 15th at a well-attended ceremony by friends and family. Many donations of flowers were received and are hung on the gazebo for all to enjoy.



Gazebo donated by Peter Stanbridge.

### Hayden Harman



Hayden observes the honeybee hive with Mallory, his "Insect Safari" guide.

Special thanks to Hayden Harman for the kind donation of funds for new "Insect Safari" activity supplies! "Insect Safari" is a field activity in which people enter the meadow habitat in search of insects to capture, study and release back to the wild. The fascinating world of insects opens up when you take the time to look at them! New supplies for "Insect Safari" include nets, bug boxes, field guides and models of insects.

Hayden is an enthusiastic learner who shares his knowledge and love of insects with all of those around him. His donation will help others explore the world of insects! Thanks, Hayden!



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### Welcome New ACORNS:

The Acquard Family  
Jeffrey Gillard  
Kathy Jensen  
Emily LaMaster  
Todd Pratt  
Mary Ann Silvernail

### Interpretive Nature Center Summer Hours:

Thursday—Saturday:  
10 am—4 pm

Sunday:  
12—4 pm



# Volunteer Service From Our Community

## National Grid Arbor Day Service

In celebration of Arbor Day, each year National Grid provides their tree maintenance services to a local agency or municipality. A Special "Thank You" to the 4 work crews from National Grid who removed and trimmed trees at the Genesee County Park & Forest. The crews removed 18 trees and trimmed 32 trees total in and around Pavilions A, B, B1, D, S3 and also along Memory Lane Roadway. All the limbs and tops were chipped and the remaining wood will be cut and split for firewood by Park Staff to be used during winter months for park programs, pavilion reservations and scouting activities. This was the first year National Grid contributed their time and work crews to the County Parks for Arbor Day! We do not have the aerial equipment to reach many of the large trees above the pavilions and playgrounds so this was a tremendous blessing and service provided to the County Parks!!

**nationalgrid**

**HERE WITH YOU. HERE FOR YOU.**

## United Way Day of Caring

The United Way Day of Caring took place throughout Genesee County on Wednesday May 18<sup>th</sup>. Hundreds of volunteers set out to provide their time and efforts to various organizations. A special "Thank You" goes out to the 11 members of Tompkins Insurance/ Bank of Castile (Bob Bennett, Nikki Paille, Trisha Rogers, Martha Bailey, MeLynda King, Pat Wolcott, Amanda Cragg, Pam Lemke, Lyndsi Weatherbee, Andrew Miller, Michael Heisler) and 2 ACORNS volunteers (Julia Garver & Jerome Gentry) who spent the day at the Genesee County Park & Forest weeding, deadheading plants, edging, and mulching flower beds at the Interpretive Nature Center, Main gate and flagpoles of the park. A perfect day was provided by Mother Nature creating a perfect atmosphere for new found friendships, camaraderie, teamwork and most of all a healthy appetite!!



Day of Caring Volunteers

## RSVP – A Volunteer Placement Program for People 55 & Older

The Genesee County Park has been partnering with the Retired and Senior Volunteer Program (RSVP) since 2002, where interested volunteers 55 and older have found meaningful volunteer activities close to nature and to their hearts. In Genesee County, over 325 older adults serve our community as RSVP members. Their volunteer experiences range from one-time events to weekly placements in one or more of our 20+ partner agencies. You can volunteer as little or as much as you desire at the Genesee County Park and with other agencies in our community who rely on volunteers to achieve their mission and goals. RSVP strives to connect volunteers with fruitful experiences based on individual interests and abilities, so that together we can improve the quality of life in our community.

For more information call the RSVP Volunteer Placement Program at 585-343-1611.



Genesee County AmeriCorps provides support to Environmental Education at the parks through the Environmental Stewardship position with Genesee County Park & Forest. Thank you to our AmeriCorps volunteers for making so many fun and interesting events and programs possible!! For more information and to become a volunteer contact Kathy Frank, Program Director of the Genesee County AmeriCorps at (585) 344-3960  
<http://www.co.genesee.ny.us/departments/youthbureau/ameriCorp.html>



# Earth Day at DeWitt Recreation Area

## Recycled Crafts, Clean Water Critters, and Habitat Cleanup!



Volunteers and visitors cleaned up habitats and gave the park a fresh new start!



Amy Jessmer leads a free hike on the lake and its wildlife.



Thank You Volunteers!



Kate Bassett shows aquatic animals and how to identify them.



Caddisfly larvae, like those found on this rock, are a sign of good water quality.



White spruce seedlings from Genesee County SWCD, Free to a good home!

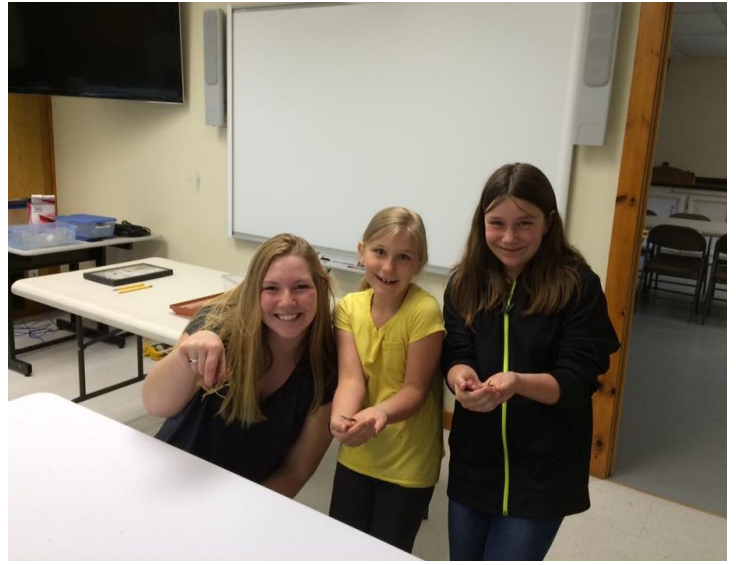


# Stream Safaris!

## Science Education with Genesee County Park & Forest and ACORNS



GCC Bio 100 students sample Black Creek and measure stream habitat during a field lab.



Mallory, Mya and Kaitlin take pictures with their crayfish at the Stream Safari program!

## Envirothon

80 high school students from across Genesee County met at Genesee County Park & Forest this spring to compete in the Genesee County Envirothon. Envirothon is a nationwide hands-on science competition where a teams of five high school students apply practical field knowledge in hopes of winning scholarships and awards. Envirothon is organized and presented by local Soil and Water Conservation Districts and sponsored by local businesses and Teams compete in five different environmental science categories: Soils, Aquatic Ecology, Forestry, Wildlife, and a Current Environmental Issue.



The Notre Dame Team gives their presentation.

This year's Current Issue topic was invasive

species, and the presentation problem was entitled "Hydrilla: The Aquatic Monster that Lurks Beneath". Teams were tasked with creating a set of options that a park manager may implement to mitigate the impact of Hydrilla infestation in a park lake. The lake in the presentation scenario was heavily used by the public for outdoor recreation and enjoyment. Teams each gave a 10 minute presentation to earn points for offering options on how to mitigate the impacts of Hydrilla and stop its spread to other local water bodies. Teams addressed the concerns of the many stakeholders in the local park and offered creative solutions for handling the infestation. At the end of the day Notre Dame High



15 teams competed on April 28th and May 5th.

School team emerged in first place, and gave their presentation to the whole group. Notre Dame went on to represent Genesee County in the 2016 New York State Envirothon competition held at Hobart & William Smith Colleges in Geneva, NY! For more information visit <http://www.co.genesee.ny.us/departments/soilandwater/CountyEnvirothon.html> .



# Mallory Broda—AmeriCorps Volunteer

Hi! I'm Mallory, Genesee County Park's newest AmeriCorps Volunteer. I'm a soon to be college sophomore from Waterport, New York. I just completed my freshman year at SUNY Brockport. I have my heart set on studying Environmental Science for the rest of my life. My concentration is combined in aquatic ecology and terrestrial geology and I am also working on a minor in Chemistry.

Over my first college winter break I decided that going into hibernation during the winter as I did throughout high school was not for me anymore. The transition from constant studying and productivity did not go as originally planned. Post finals week trauma led me to believe that I needed to constantly be productive. I



Northern Pike I caught on June 14th.

wanted something to keep me busy; preferably a position where I could further my knowledge and as well as explore not only the environment but aspects of myself. A friend of mine suggested that I volunteer at the park. Shannon, as well as the volunteers immediately made the park feel like home. My first day volunteering I was able to go on a snowshoeing hike, how fun! Meeting new people, and doing things that I would not have had the opportunity to do otherwise are two of the reasons that I love to be at the park. Helping others, educating and advocating for environmental health I find to be very important. It is great to feel like I am making a difference, no matter how small. Throughout my high school career I was always the girl who did not talk. If I was forced to present in front of a class I would try every excuse in the book to get out of it, and after nobody bought my excuses I would shake and stutter through the entire thing. Through some divine power though here I am a year later leading programs at the park and loving every second of it.

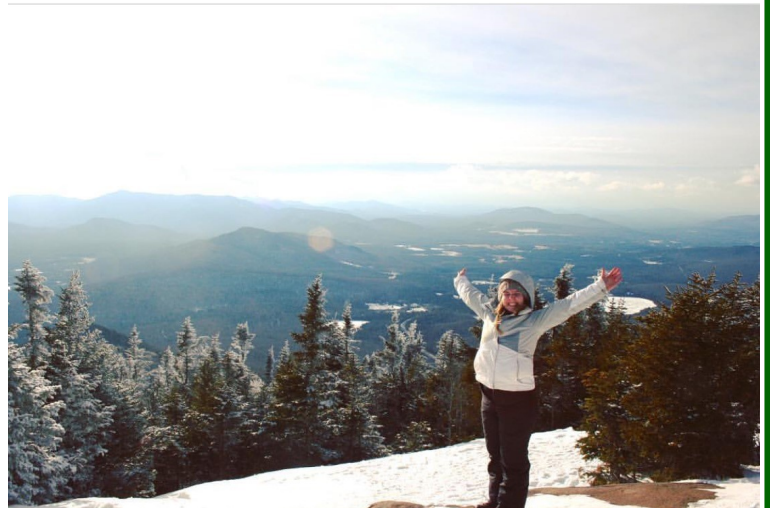
Nature and the outdoors have always played a vital role in my life. I believe that all of this stemmed from growing up alongside the fish on Lake Ontario. When I was younger I loved to spend my days looking into the vegetation and murky water to try and see what all of the creatures down below were up to. As I got older I developed a passion for fishing; this way I could see

those very creatures up close and personal. My dad and I would go out to the docks and cast over and over again until we caught something. Occasionally when by miracle a fish decided that my hook worm and bobber setup actually looked appetizing I would always be thrilled. This then turned into me wanting to be able to identify the fish and know everything about it. I was always ecstatic when I pulled up a fish that I could easily identify. If not, my goal for the rest of the day would be to do research until I knew everything about my most recent catch. This then turned into me wanting to know everything about the pond, river or lake I was fishing in order to have better luck fishing. Ever since then I have challenged myself to know as much as I can about the environment.

In my free time I love to do anything that I will be able to connect with nature. First and foremost is fishing. If I have a free day I will either spend it casting off of a dock or kayak. Camping is another one of my favorite things to do. I am currently in the process of trying to get my parents to get rid of the camper that we own with a flat screen inside and to go tent camping. I also love to go hiking. My favorite place to do all of these things is in the Adirondacks; I have begun to conquer the 46 Adirondack high peaks. The beautiful untamed wilderness is what attracts me most to the area.

After I graduate college I hope to be doing conservation and restoration work in the Adirondack Park. The area is being degraded by acid deposition caused by sulfur dioxide and nitrogen oxide from the combustion of fossil fuels. The area is sensitive to acid deposition because it lacks adequate soil to buffer the pollutants. About 500 of the Adirondack's 2,800 ponds are already too acidic to support the aquatic wildlife that had once inhabited them. Sadly this is causing us to lose some of the biodiversity that is unique to the area. Since 1990 the Acid Rain Program has been in effect under the Clean Air Act Amendments in an effort to cap and reduce sulfur dioxide and nitrogen oxide emissions. Thankfully we have reduced sulfate concentrations in bodies of water by about 40%. We can all help by making small changes such as being mindful spenders, carpooling or turning off lights and electronics when not in use!

I hope to be able to preserve what I believe to be one of the most breathtaking parks in the country. I am so glad that this summer I have the opportunity to learn more about the environment and I am able to teach others how to take care of it!



Summit of Cascade Mountain: my first high peak!

# Protect our Pollinators – by Mallory Broda

What animal do you think of when you hear the word pollinators? Bees, right? Did you know that there are over 200,000 species of animals that act as pollinators? Some of the most common pollinators are; bees, butterflies, mosquitoes, bats, moths, beetles, flies, hummingbirds, ants and wasps.

Pollination occurs when grains of pollen from the anther (male part) of a flower get stuck to hair or skin of an animal that is visiting a plant. These pollen grains then ride with the animal to the next flower, and fall off onto the stigma (female part) of that second flower. This transfer of pollen to the stigma allows the ovary of the flower to be fertilized. The fertilized ovary then develops into a seed. Animals of course do not do this work just as a favor for the plants. From the animals' point of view, the process of pollination is an unintended result of gathering pollen or nectar for food.

Insects and other pollinating animals are vital to the growth and production of flowers and crops grown for food, beverages, medicines and fibers. 90% of all crops rely on pollinators in order to grow. Only 10% rely on wind or water to transfer their pollen. In New York, without pollinators we would lose 384 million in revenue each year from apples, tomatoes, pumpkins, strawberries, cherries and pears. All of these crops are reliant on pollinators for their growth. In addition to their essential contribution to agriculture, pollinators play a role in maintaining healthy ecosystems. Pollinators maintain populations of plants that provide important food and shelter for other animals in the ecosystem.

In the United States, there are 4000 species of native bees. They are often dreaded, avoided and killed out of fear of getting stung. Bees sting in self-defense, but will usually choose flight instead of fight. Bees have many special adaptations that make them the most efficient pollinator on Earth! Bees are able to see ultraviolet light. Flowers have an ultraviolet reflectance towards the center of each petal, which bees follow for quick and direct access to nectar and pollen. Bees also have hundreds of tiny hairs on their legs, and "pollen baskets" on their legs to help to carry pollen back to the hive. The pollen and nectar that will be used in the hive for building and honey production is stored in the bee's throat for the entirety of their collecting excursion. Bees are truly fascinating creatures, and we invite you to watch our live hive in the Discovery Zone!

When you think about mosquitoes you probably think of itching, swatting and and being annoyed. Now we can add beautiful fields of flowers to that list courtesy of mosquitoes. Females feed off the blood of mammals when they are producing eggs because they need special nutrients and protein not found in nectar. Male mosquitoes however are happy pollinating wildflowers, including their favorite: orchids. Our native blunt-leaved bog orchid may not be here without our friends the mosquitoes. Mosquito larvae are a favorite meal of many aquatic animals; adult mosquitoes are a favorite meal of many birds such as swallows. Without mosquitoes an entire food source would be lost for some animals therefore decreasing their population and our gardens would be a lot less pretty! Hopefully remembering this will lessen the itch next time.

Most people do not think of beetles when they think of pollinators, but they are the largest group of pollinators. A flower you may be happy to hear is around because of the beetles are magnolias! Beetles do not pollinate because they are collecting nectar or pollen as bees and butterflies do, but because they eat the leaves or petals of flowers. Although beetles are the largest group of pollinators, they are not as efficient as others. Beetles pollinate fewer than 60 native flowering plant species of North America.

Pollinator species are in decline in all regions of the nation, as they face more challenges than ever before. Factors contributing to their decline are urbanization, pesticide and insecticide use, the spread of invasive species, poor nutrition, loss of foraging habitat, parasites and pesticides. Many farmers have no choice but to pay for pollinators to be trucked in to do the work, at a cost of approximately \$150 for a bee hive to pollinate an estimated 10,000 square feet of crop land. In order to support our growing human population, we need pollinators to grow our food. However as human populations increase, more pollinator habitats are destroyed. We are losing more pollinators just when we need them the most. But there is something we can do.

We can protect pollinators simply by planting flowers, which provide food and shelter for many different types of pollinators. Use native and naturalized plant species, keep out and remove and invasive plants you find in your area. Be mindful using pesticides or avoid them altogether. At Genesee County Park & Forest we have created a butterfly garden as one of the sections of our Outdoor Classroom. This butterfly garden includes plants that provide ample food and egg laying habitat for butterflies like the monarch butterfly, which faces multiple challenges during its season-end migration from the northern United States back to Mexico.

If you would like to learn more about pollinators, join us at the park for **Pollinators** on **July 23rd from 1:30 to 2:45pm!** We will be interacting with some of our local pollinators, learning about bee behaviors, observing our hive and more!

**For more on pollinators, their favorite plants, and what you can do for them, please visit:**

Native pollinator care: [http://www.plants.usda.gov/pollinators/Native\\_Pollinators.pdf](http://www.plants.usda.gov/pollinators/Native_Pollinators.pdf)

Pollinator importance: [http://www.nrcs.usda.gov/wps/portal/nrcs/detail/ny/plantsanimals/?cid=nrcs144p2\\_027389](http://www.nrcs.usda.gov/wps/portal/nrcs/detail/ny/plantsanimals/?cid=nrcs144p2_027389)

Bee information: <https://hal.inria.fr/file/index/docid/891299/filename/hal-00891299.pdf>

All about pollinators: <http://www.fs.fed.us/wildflowers/pollinators/>

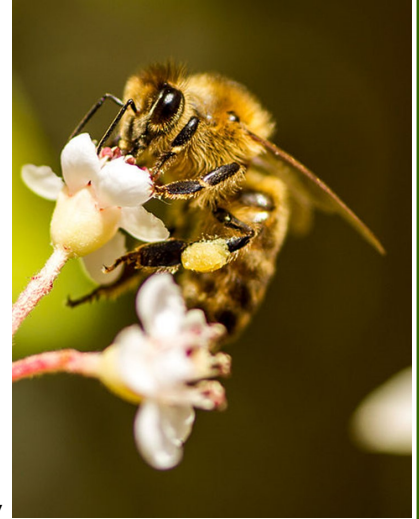


Photo credit: Michael Palmer



Photo Credit: George Njis



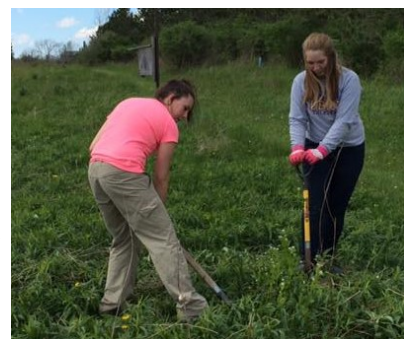
# The ACORNS Outdoor Learning Center

## At Genesee County Park & Forest



Mallory plants the pollinator garden.

The Genesee County Interpretive Nature Center continues to provide high quality education in a unique and inspirational setting with the construction of the Outdoor Learning Center. Sponsored by the ACORNS, the Outdoor Learning Center brings students and visitors of all ages closer to nature as it provides natural exhibits and practical options for adaptable science lessons for all learners. Features of the Outdoor Learning Center include a sensory garden, wildlife viewing area, and a new pollinator garden.



Amy and Mallory attack the garlic mustard infestation.



Charlie and Jim knock down, drag out invasive honeysuckle.

Volunteering in the Outdoor Learning Center this summer is a full-contact sport, whether it's wrestling wild vines, tackling invasive shrubs, or taking out weeds. This spring the ACORNS have planted a pollinator garden, created flower beds, achieved victory over invasive species, and enjoyed snacks with pesto made from garlic mustard!

Call 585-344-1122 if you are interested in volunteering and keeping out invasive species, creating flower beds, caring for newly growing plants and more.



Wild Milkweed thrives where garlic mustard was removed!

## GENESEE COUNTY PARK & FOREST

Thank you for visiting Genesee County Park & Forest! Come explore over 10 miles of trails through meadows, woodlands and wetlands, visit the Interpretive Nature Center and watch the bee hive in the Discovery Zone!

Interpretive Nature Center is **OPEN**: Thursday and Friday, 10 am—4 pm, Saturday and Sunday 12 pm—4 pm!

*Join us for Saturday summer programs at the Interpretive Nature Center:*

### Alien Invaders!

Saturday June 25th 1:30-2:45pm

Did you know that "aliens" live among us every day?! Not all invading life forms are bad. Learn to identify your friends and foes of the plant world and help protect the forest today! Meet in the forest at Fleming Pavilion.

### Pollinators:

Our many-legged friends

Saturday July 23rd 1:30-2:45pm

There are over 2,000 different species of pollinators that give us food, medicine, and tons of great things!! Show your appreciation, learn about these tiny animal workers and discover what you can do to return the favor!

**\$5/person, \$10/family**

Please pre-register by calling **585-344-1122** or send an email to [Shannon.Morley@co.genesee.ny.us](mailto:Shannon.Morley@co.genesee.ny.us)  
For more information visit us at [www.co.genesee.ny.us/departments/parks/](http://www.co.genesee.ny.us/departments/parks/)

**Like us on Facebook at: [Genesee County Parks, Recreation & Forestry](https://www.facebook.com/GeneseeCountyParksRecreationForestry)**





# ACORNS Adventures



Jerome and George locate the Wood Duck boxes.

When Wood Ducks fledge from their nest in a hollow tree, they jump down to the ground, which may be as high as a 50 foot drop! How do they land without getting hurt? Answer: A force field of cuteness protects them. (Watch video [here](#)). Actually it is their terminal velocity that protects them, however the ACORNS have taken it upon themselves to ensure a safe and welcoming nesting spot for Wood Ducks at Genesee County Park & Forest and DeWitt Recreation Area. Early this spring the ACORNS located, repaired and mapped each of the Wood Duck boxes, and set out to begin monitoring them for the 2016 breeding season. This sounds like an uneventful list of tasks, but Wood Ducks are a special breed of bird. Wood Ducks are cavity nesters, which means they nest in dead trees, and their preferred nesting material is wood chips. In early spring, each box must be cleaned out, emptied and filled with wood chips. Wooden boxes make excellent winter homes for a variety of small animals looking to keep warm. You never know who will be peering back at you when you open the door to the box, as Amy found out when a mouse jumped from his nest onto her arm as she opened one of the boxes!!



Jerome and Amy take field notes.

Wood Ducklings jump from the nest and immediately get into the water with their mother. Boxes are often located in the water, which involves wading through areas with a muddy substrate. Side effects may include losing sets of keys inside pairs of waders, possibly getting stuck in mud or losing your footing, which could end in a faceplant into the water! Volunteers use the buddy system to make sure no one gets stuck, or completely soaked.

In a volunteer training session lead by Amy and Jerome, we learned tons of fascinating things about Wood Ducks during a game of Wood Duck Jeopardy. Wood Duck populations began a slow recovery after the Federal Migratory Bird Treaty Act of 1918, and had an additional boost in the 1930's with the development of the nest box. Volunteers monitor the nest boxes throughout the breeding season and record the number of eggs and ducklings in each box to share with [NestWatch](#), a nationwide program that tracks bird populations for conservation science.

Wood Ducks are the only North American duck that typically breeds twice a year. This year we have seen one Wood Duck hen with her 10 ducklings in the wetland near Pavilion A at Genesee County Park & Forest! So far, no ducks have used the boxes yet. However this year's second breeding season is starting, and we will be ready!!

## ACORNS Kayaking Adventure- by Mallory Broda

Black Creek winds through Genesee County Park & Forest, so the ACORNS took it upon themselves to explore another portion of the creek. They did so the best way they knew how, getting up close and personal with the creek by kayaking! Black Creek is a tributary of the Genesee River that runs 46 miles, starting just beyond the border of Genesee County Park & Forest in Wyoming County. Our journey began at 10AM in the village of Churchville and concluded around 2PM. This 4 hour excursion took the ACORNS through some very narrow, winding parts of the creek that were about 10ft wide and concluded where the creek opened up to about 300ft! These four hours allowed the ACORNS to explore about five miles of the creek. Since many different parts of the creek were covered, the ACORNS were able to observe many different kinds of wildlife such as frogs, painted turtles, a muskrat, a snake, many fish, a snapping turtle searching for a nesting site, and even a Great Blue Heron flew over the group to show off its beautiful plumage! The creek offered many gorgeous sights such as blue flag and other wildflowers along the water's edge, and willows drooping over the creek. Along the



A Painted Turtle poses for a picture!



Sarah, Paul, Mallory, Shannon, Jerome, Clare, and Bill. Behind the camera: George.

journey the group faced some challenges such as having to paddle over downed trees or ducking under cover when it began to rain, but that was all a part of the experience! Towards the end of their journey, the ACORNS stopped at Churchville County Park for a picnic. The group had such an amazing time they are thinking of naming this trip the First Annual ACORNS Kayaking Outing, in which case there will be many more to come if you would like to join!



# Meet the ACORNS

## (Association for the Conservation OF Recreational and Natural Spaces)

The ACORNS is the volunteer group formed to support the Genesee County Parks by assisting with environmental programs and park maintenance, offering recreational opportunities and promoting the parks.



### ACORNS Board of Directors:

Julia Garver, President  
 Mary Yunker, Vice-President  
 Barbara Easton, Treasurer  
 Jerome Gentry, Secretary  
 Charlie Augrom  
 Sarah Balduf  
 Daisy Klein  
 Bill Moon  
 George Squires

### Members:

The Acquard Family  
 Norm Argulsky  
 Charlie Augrom  
 Sarah Balduf  
 Josh Bachorski  
 Nancy Baker  
 Matt Britt  
 Mallory Broda  
 Barbara & Mike Easton  
 David & Marcia Gann  
 Julia Garver & Joe Ruh  
 The Gentry Family  
 Nancy Gerspacher  
 Brandi Giambrone  
 Jeffrey Gillard  
 Lynn Glarner  
 Peggy Grayson

Janis & Stuart Hempel  
 Sheila & Paul Hess  
 Kathy Jensen  
 Amy Jessmer  
 Daisy Klein  
 Hans Kunze  
 Sam & Esther Leadley  
 Emily LeMaster  
 Tami & Pete Loftus  
 Gordon Meek  
 Bill & Connie Moon  
 Terri & Michael Muehlig  
 Paul and Emma Osborn  
 Kathy Owen  
 Dave & Val Patten  
 Mary Jane Pearce  
 Todd Pratt  
 Jim Schmitt

The Scott Family  
 Mary Ann Silvernail  
 Clare & Ron Sloat  
 George Squires  
 Sandy & Dave Steele  
 Jim & Laurie Taille  
 Kathie Woika  
 Mary Yunker  
 Pam Zola

If your name is not on this list, it may be time to renew your membership!

Join us for ACORNS Volunteer Days on the 3rd Tuesday of every month from 10 am-1 pm. ACORNS meetings are held every 4th Tuesday evening of the month at the Interpretive Nature Center at 5pm.

ACORNS website: <http://acorns.shutterfly.com>



## RUN FOR THE ACORNS 2016

Sunday, October 2nd

ACORNS is looking for a few great volunteers to help out and have fun! Contact us at <https://runfortheacorns.shutterfly.com>



# 2016 Run for the ACORNS

5K Trail Run/Walk and 10K Trail Run

Sunday, October 2, 2016

at the Genesee County Park & Forest

Raymond Rd, East Bethany, NY 14054



Walk or run on single and double track trails through the forest, along a creek and up and down rolling hills in the Genesee County Park & Forest, with an estimated 100 feet of climb in the 10K loop. Trails are very wide and easy to negotiate (minimal rocks and roots). The course starts on asphalt and then leads into the woods for a truly beautiful run through the countryside. All proceeds benefit ACORNS, a non-profit 501(c)(3) "friends of the park" group that enhances the public's experience at the Genesee County parks and fosters environmental stewardship and education.

## Starting Times:

Check-in	8:00 a.m.
Late Registration	8:00 a.m.
10K Run	9:00 a.m.
5K Run/Walk	9:15 a.m.

**Shirts:** Must register by September 16, 2016 to be guaranteed a long-sleeved tech shirt.

**Awards:** ACORNS will be handing out awards to our overall top two male and female finishers in the 5K run and 10K run. We will also have awards for our top male and female finishers in the running races in each age group (14&under for the 5K run, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70&over) – you must be present to receive your medal; we will not mail it to you.

**Fees:** \$25 in advance (must be received by September 23, 2016); \$30 late and race day registration

**Online registration available at:** <https://results.score-this.com/RegisterThis.php?raceid=20161002ACRN>

**Questions or additional information:** Check out our website: <https://runfortheacorns.shutterfly.com/> or call 585-344-1122

**Make checks payable to:** Score-This!!! **Mail to:** Score-This!!!, 15 Ranch Trail Ct., Orchard Park, NY 14127

**NO BABY STROLLERS OR PETS ALLOWED IN RACE. NO RUNNERS UNDER AGE 15 ALLOWED IN 10K RACE.**

WAIVER: I know that running a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I (and any minor I am signing as guardian for) am medically able to perform this event, and in good health, and properly trained. I agree to abide by all applicable rules of this race and by the decision of the race officials as to my ability to safely complete the event. I assume all risks associated with running/walking this event including, but not limited to, falls, contact with other runners, the effects of the weather, including high heat and/or humidity and the conditions of the course, all such risks being known and appreciated by me. I grant permission to the organizing groups to use any photograph, motion pictures, or recordings of my taking part in this event. Having read this waiver acknowledging these facts and in consideration of you accepting my entry, I, for myself, and everyone entitled to act on my behalf, waive and release USA Track & Field, Score This!!!, ACORNS, Genesee County, and their employees, officers, directors and volunteers, and any and all race sponsors from any claims or liabilities of any kind arising out of my participation in this event. I understand that all entry fees are nonrefundable. I have read this waiver and certify my compliance and agreement with its content with my signature.

Name: \_\_\_\_\_ EMAIL address: \_\_\_\_\_ Tel #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_



# Fun in the Forest This Summer!!



## Camp Hard Hat

**August 1 - August 5 9am - 4pm**

**Genesee County Park, 11095 Bethany Center Rd, East Bethany, NY**  
(Transportation provided from Batavia and Mt. Morris GVEP Campuses)

**Campers will have 1 optional overnight during the week.**

Learn about careers in construction where you actually build parts of a community project! Instructed by certified teachers and GVEP Building Trades instructors.

**\$95/Camper- Includes lunch, snacks, hard hat and t-shirt**

**Scholarships are available**

**Open to students entering 8-9 grade**

**Register at [www.beaGeneseeNY.com](http://www.beaGeneseeNY.com)**



## Meteor Shower in the Meadow

**Friday, August 12<sup>th</sup>**

**8:00 – 9:30 pm**

**\$5/person \$10/family**

*Get the best seats available for the Perseid Meteor Shower! Claim your spot in the forest meadow, far away from the streetlights and the noise. Watch nature's fireworks and hear the stories behind summer's constellations and other night sky folklore.*

*Please pre-register by calling 585-344-1122!*

Programs take place at the Genesee County Park & Forest Interpretive Nature Center, 11095 Bethany Center Rd, East Bethany, NY 14054 unless otherwise noted. Pre-registration is required for all programs. To register call (585) 344-1122. For more information visit our website at <http://www.co.genesee.ny.us/departments/parks/>, or contact Shannon Morley at [Shannon.Morley@co.genesee.ny.us](mailto:Shannon.Morley@co.genesee.ny.us) or (585) 344-1122.

**Genesee County Park & Forest  
Interpretive Nature Center**

11095 Bethany Center Rd.  
East Bethany, NY 14054

Phone: 585-344-1122  
Fax: 585-343-6611

**Visit**

**[www.co.genesee.ny.us/departments/parks/](http://www.co.genesee.ny.us/departments/parks/)**

**Alien Invaders!!**

**Sat. June 25th**

**1:30 - 2:45 pm**

**\$5/person, \$10/family**

**Pre-Registration Required, Call 585-344-1122**

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to help us earn...***



*We are helping to keep the earth clean while earning new equipment and cash. You can help by saving **used cartridges** and **cell phones**! Just come by the Genesee County Park Interpretive Center and drop them off!*

***Make a Difference!***



**Do you have nature-related books you would like to donate? We have a lending library for adults to sign out books, take home and read. When you're done, bring them back and sign out more!**

**To donate books please call the Interpretive Center at 585-344--1122 or send an email to [Shannon.Morley@co.genesee.ny.us](mailto:Shannon.Morley@co.genesee.ny.us). (Magazines and encyclopedias not needed)**



**Genesee County Parks,  
Recreation & Forestry**

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