

MONTH: September 2025 Noon Meal – Genesee County
MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) NO MEALS SERVED 	2) Hot Dog w/ Condiments Baked Beans Carrots Hot Dog Bun Cake w/ Topping Vitamin C Juice	3) Sweet & Sour Chicken Vegetable Rice Pilaf Asian Vegetable Medley Whole Wheat Bread Mandarin Oranges	4) COLD PLATE Tuna Salad Rye Bread Beet & Onion Salad Ice Cream Vitamin C Juice	5) Stuffed Cabbage Roll Diced Potatoes Broccoli Multigrain Bread Applesauce
8) COLD PLATE Sliced Turkey Whole Wheat Bread Mixed Vegetable Salad Cookie Vitamin C Juice	9) Hamburger Patty Potato Salad Peas & Carrots Hamburger Bun Pineapple Tidbits	10) Stuffed Shells Wax Beans Side salad w/ Dressing Italian Bread Ambrosia Vitamin C Juice	11) Fiesta Chicken w/ Salsa, Peppers, & Onions Corn Whole Wheat Bread Fruit Cocktail	12) Vegetable Lasagna California Mix Vegetables Multigrain Bread Pudding
15) Sliced Ham Scalloped Potatoes Beets Dinner Roll Applesauce Vitamin C Juice	16) COLD PLATE Egg Salad Rye Bread Cucumber & Tomato Salad Mandarin Oranges	17) Chicken Patty w/ Gravy Squash Cauliflower Whole Wheat Bread Cookie	18) CHOCOLATE MILK DAY Beef Stew Mashed Potatoes Carrots Biscuit Gelatin Vitamin C Juice	19) Spaghetti w/ Meatballs Italian Blend Vegetables Italian Bread Diced Peaches
22) Swedish Meatballs over Egg Noodles Brussels Sprouts Multigrain Bread Diced Pears	23) Tilapia w/ Lemon Butter Sauce Sweet Potatoes Green Beans Multigrain Bread Pudding Vitamin C Juice	24) COLD PLATE Chicken Salad Whole Wheat Bread Tossed Salad w/ dressing Tropical Fruit	25) Chicken Parmesan Penne Pasta Zucchini Whole Wheat Bread Brownie	26) Meat Loaf w/ Gravy Mashed Potatoes Mixed Vegetables Dinner Roll Ambrosia Vitamin C Juice
29) BBQ Pork Cole Slaw Green Beans Hamburger Bun Apricots	30) Shepard's Pie Carrots Multigrain Bread Fruit Cocktail Vitamin C Juice	<div>  <div> September 2025 </div>  </div>		NOTE: 1% milk is served with all lunches. Menu is no salt added and low sugar. This menu has been certified that it meets 1/3 of the DRIs for one meal and 2/3 of the DRIs for two meals and is based on the recommendations in the Current Dietary Guidelines for Americans.