



GENE-SENIOR

GENESEE COUNTY OFFICE FOR THE AGING

June 2026

ADDRESS

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FACEBOOK

[GCOfficeFortheAging/](#)

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An Office for the Aging staff member enjoys a peaceful day at the water, where the world slows down and reflections say it all.

SUMMER HOURS: The Genesee County Office for the Aging is currently open summer hours, with our team available from 8am to 4:30pm. We will return to our normal hours of 8:30am to 5pm on Tuesday, September 8th.

FOCUS OF THE PROGRAMS: Office for the Aging programs focus on Genesee County residents age 60+ and their caregivers. For individuals with disabilities or language interpretation needs, requests for reasonable accommodations should be made with at least five days' notice.

NY CONNECTS: Is your trusted place to go for free, unbiased information about long term services and supports in New York State for people of all ages or with any type of disability.

If you have a situation that you would like to discuss; a private, confidential appointment with a trained staff member can be arranged at your convenience. Should you be unable to come into the office, a worker can visit you in your home.



MESSAGE FROM OUR DIRECTOR

Jessica Riley

WORLD ELDER ABUSE AWARENESS DAY:

Listening, Responding, Protecting

June 15th marks World Elder Abuse Awareness Day time to bring attention to an issue that is often hidden, underreported, and deeply personal. At the Office for Aging, this day is not just a date on the calendar. It reflects the real stories, concerns, and calls we hear every day from older adults, family members, neighbors, and professionals who are trying to do the right thing.

The stories come in many forms. A daughter calls, worried about her father who has a “loose arrangement” with an aide—someone he trusts, someone who helps with daily tasks. But recently, she’s noticed checks being written that he doesn’t remember authorizing. The lines between help and exploitation can blur quickly when oversight is limited and trust is taken advantage of.

A neighbor reaches out quietly, unsure of what to do. She hears yelling next door—harsh words directed at an older adult by a family member. Verbal abuse doesn’t leave visible bruises, but it leaves lasting emotional harm. Too often, it goes unrecognized or dismissed as “family matters.”

We hear about situations where basic needs are not being met. An older adult living in unsafe or unsanitary conditions. A caregiver overwhelmed or absent. A home without heat in the winter, or food in the refrigerator. Neglect, whether intentional or not, can have serious consequences for health, dignity, and safety.

And then there is self-neglect. Some of the most complex and heartbreaking cases involve individuals who are unable or unwilling to care for themselves. They may refuse help, isolate themselves from others, or struggle with memory, mental health, or physical limitations. These situations require compassion, patience, and coordinated support.

These are not just stories—they are calls for help. At the Office for Aging, through NY Connects, we listen. We guide. We connect individuals and families to resources that can make a difference. In many cases, Adult Protective Services becomes a critical partner, stepping in to assess risk and provide intervention when someone’s safety is at stake.

If you suspect elder abuse, neglect, or exploitation, trust your instincts. Speak up. You do not need to have all the answers—you just need to make the call.

Resources are available:

- NY Connects: Your trusted source for information and assistance 585-343-1611
- Adult Protective Services: For situations involving risk and safety concerns 585-344-2580
- Local law enforcement: In emergencies or immediate danger

World Elder Abuse Awareness Day reminds us that protecting older adults is a shared responsibility. By staying aware, asking questions, and acting, we can help ensure that every older adult is treated with dignity, respect, and care.

If you are concerned about someone, or even about yourself, please reach out. You are not alone, and help is here.



CARDS AT THE SENIOR CENTER
HAND AND FOOT
 Monday | 9:30am

BRIDGE
 Monday | 1pm
 Wednesday | 1pm

EUCHRE
 Thursday | 10am

CRIBBAGE
 Thursday | 1pm



Stay Active & Independent for Life (SAIL) Fitness Program
 Monday | 9:30am
 Thursday | 9:30am
 An evidence based class that is fun and energizing. SAIL is designed to help build strength, improve balance, and boost confidence in everyday movement. Keep moving with power and purpose!



MAHJONG
 Tuesday
 10am - 12pm
 Enjoy an engaging and intellectually stimulating game in a welcoming, relaxed environment.



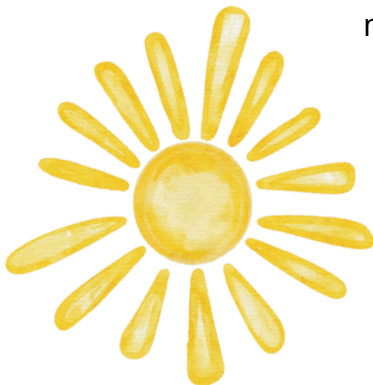
LINE DANCING
 Friday
 9:30am - 11am
 A way to stay active, boost balance, keep your mind sharp, and enjoy great company.



QUILTING/SEWING GROUP
 Wednesday
 9:30am - 12pm
 Learn, create, and connect with others.



YOUNG AT ART
 Friday
 1pm - 2:30pm
 \$10 per class to cover all supplies. All experience levels welcome!



MONTHLY PROGRAMS

BUNCO
 4th Monday of the month
 2pm - 4pm

CRAFTS & COFFEE
 1st Wednesday of the month
 10am - 11:30am

BOOK CLUB
 1st Wednesday of the month
 11am - noon

MOVIE DAY
 4th Thursday of the month
 10am - 12pm

OFFICE FOR THE AGING MEAL SITES

Food nourishes more than the body—it also supports connection. Shared meals and nutrition programs bring people together, boosting mood and reducing isolation and loneliness.

Please call ahead to reserve your meal!

LUNCH SERVED AT NOON

\$4 suggested contribution per meal

Havenwood - 240 Richmond Ave., Batavia
 Monday through Friday - 585-344-1330

Batavia Senior Center - 2 Bank St., Batavia
 Monday, Thursday and Friday - 585-343-1611

Leisuretimers - 364 Bloomingdale Rd., Akron
 Tuesday - 585-343-1611

Corfu Presbyterian Church - 63 Alleghany Rd, Corfu
 Thursday - 585-343-1611

04 GENESEE SENIOR FOUNDATION, INC.

YOUR SUPPORT IS APPRECIATED

The Genesee Senior Foundation is a nonprofit dedicated to helping older adults in Genesee County enjoy greater independence and quality of life. By partnering with the Office for the Aging (OFA), it provides extra support for programs that need more than public funding can offer.

Name _____ If you do **not** want your name published in our monthly newsletter, please indicate by marking the box.

(Street Address, City, State, Zip)

Gift amount: \$ _____

In Memory of: _____ / In Honor of: _____

*If you would like someone notified of your memorial/ honor donation, please provide their name and address:

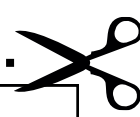
Your generosity directly strengthens essential OFA programs, including Project Lifesaver—a tracking system that enhances safety for individuals with dementia—along with Home Delivered Meals, Recreation opportunities, Transportation, Trips and other vital services.

Please designate contribution:

Where most needed or

FOR THIS PROGRAM: _____

All donations are greatly appreciated & are tax deductible to the extent of the law.
Checks payable to: Genesee Senior Foundation, Inc., 2 Bank St., Batavia, NY 14020





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**GENESEE SENIOR
FOUNDATION DONATIONS**

Thank you! **Michael C. Norway
Anonymous** Thank you!



ADVISORY MEETINGS

Office for the Aging Advisory
Wednesday,
June 3rd at 2:30pm

Genesee Senior Foundation
Thursday, July 16th at 2pm

UPCOMING EVENTS 05

PROGRAMS IN PARTNERSHIP WITH GC PARKS, RECREATION and FORESTRY

Guided Walk – Mindfulness in Nature: Join us for a peaceful morning walk at DeWitt Recreation Area on Thursday, June 25 from 10:00–11:30am. This walk encourages participants to slow down, enjoy the beauty of nature, and practice simple mindfulness techniques along the trail. It's a great opportunity to relax, connect with others, and experience the calming benefits of being outdoors.

Intergenerational Fishing: Cast a line and share a special morning at DeWitt Recreation Area on Thursday, August 20th from 10:00–11:30am. This intergenerational fishing program welcomes older adults to participate on their own or bring a child along. Enjoy time by the water, learn or share fishing skills, and make lasting memories across generations.



SUMMER KICK-OFF CELEBRATION - JUNE 15 AT 1:30 PM

Celebrate the start of summer with us at our Summer Kick-Off! Enjoy a delicious serving of strawberry shortcake while listening to live music in a fun and welcoming atmosphere. This free event is open to Genesee County residents age 60 and older. Come connect with friends, meet new people, and kick off the season with an afternoon of music, dessert and friendship. Please call (585) 343-1611 to register for this free event.

UPCOMING EVENTS!

Call Office for the Aging For registration/information - 585-343-1611

- Autism Nature Trail/Nature Center Trip at Letchworth: Wednesday, June 3rd 12:45pm - 4:45pm
- Summer Kick Off: Monday, June 15th at 1:30pm
- Retirement Seminar: Wednesday, June 17th, 10am - 12pm
- Medicare 101: Wednesday, June 17th at 5pm
- "Mindfulness in Nature" - A guided Walk Through DeWitt Park in collaboration with Genesee County Park and Forest: Thursday, June 25th, 10am - 11:30am
- Nutrition Education Demonstration: Friday, June 26th at 1pm
- "SINGO" - A Fraud Prevention Program presented by Lifespan: Tuesday, August 4th at 1pm
- Intergenerational Fishing Event at DeWitt Recreation Area: Thursday, August 20th at 10am.
- Parkinson's 101 presented by the Parkinson's Foundation: *****NEW DATE** Tuesday, August 25th at 11am
- "Working Together to Prevent Violence Before It Happens" a GENTAC Presentation: Tuesday, September 1st at 1pm
- Disaster Preparedness Training presented by the NYS Citizen Corps; September 22nd at 4pm

The Financial Assistance, Library Visits, Handyman, Home Visitation and Transportation Programs are funded by a grant from the Muriel H. Marshall Fund for the Aging in Genesee County; The fund is overseen by the Rochester Area Community Foundation.

06 TEAM EXCELLENCE

WILLIAM P. GILLICK QUALITY OF LIFE AWARD

Genesee County Office for the Aging staff, Laurie Watson was selected to receive the William P. Gillick Quality of Life Award from the Alzheimer's Association – WNY Chapter.

Laurie, Caregiver Program Coordinator at Office for the Aging was chosen from a strong group of nominees because of her exceptional dedication and the meaningful difference she makes every day. This award honors individuals whose work has led to extraordinary advances in improving the quality of life for people living with dementia, and Laurie's commitment truly embodies that mission.

Every day Laurie supports caregivers so they can be there for the one they care for. Congratulations to Laurie on this well-deserved recognition and thank you for the impact you continue to make.

Congratulations



Lynn, Alzheimer's Association staff with Laurie Watson

MANAGING YOUR MONEY AS YOU AGE: SUPPORT IS AVAILABLE

By David Dodge, Lifespan of Greater Rochester – Financial Management Volunteer Program

As we age, managing our finances can become more challenging. From tracking bills and balancing checkbooks to spotting scams and staying organized, even small tasks can feel overwhelming especially if health or memory issues are involved. That's where the Financial Management Volunteer Program from Lifespan can help.

Thanks to a partnership with the Genesee County Office for the Aging, Lifespan's Financial Management Program offers free, one-on-one support to older adults (age 60 and up) who need assistance with basic money management tasks. Trained, trustworthy volunteers can help with:

- Sorting and organizing bills and mail
- Setting up a monthly budget
- Reviewing bank statements and reconciling checkbooks
- Making sure bills get paid on time
- Preventing fraud and financial exploitation

The goal is to help older adults remain independent, reduce stress, and maintain control over their financial affairs. All services are confidential and tailored to individual needs.

When Should You Ask for Help? If you or a loved one is struggling to stay on top of bills, missing due dates, or feeling anxious about money, it may be time to reach out. Many people feel embarrassed to ask for help, but it's a smart and proactive step just like calling a neighbor when you need a hand shoveling snow. We're here to make life a little easier, not to take over.

Interested in Learning More? To see if you or someone you know might benefit from the program, contact the **ask marshall** Helpline at 585-815-7979. We're happy to answer questions or schedule a no-pressure visit.

Financial independence is key to aging with dignity—and no one should have to navigate it alone.

LIBRARY VISITS

The Library Visits Program volunteers deliver to individual patrons, but did you know we also deliver numerous mini-libraries to residential and service facilities in Genesee County? We provide rotating collections of large print books, audiobooks, DVDs, music CDs, or magazines to senior apartment complexes, assisted living facilities, Batavia VA Medical Center, Office for the Aging, and nursing homes in Genesee County. Residents of those facilities can check out library materials without traveling to the library; and they don't need a library card, either.

Library Visits staff can work with activity directors to provide materials for programming. Concert and travel DVDs, classic films, romantic comedies, and westerns are popular. Some facilities borrow audiobooks for group listening then have group discussions.

We have portable CD players, Chromebooks, and Hot spots (portable Wi-Fi) available for loan. Facilities may borrow "memory care" and jumbo print books to help residents who live with memory and/or visual loss.

Any senior living facility in Genesee County is eligible. For more information, please contact us at (585)343-9550 Ext. 6 or email libraryvisits@nioga.org

VOLUNTEER MEDICAL TRANSPORTATION DRIVERS NEEDED

Be an essential part of someone's path to health! Become a medical transportation driver and be the reason a neighbor can see their doctor. Through Office for the Aging, a small group of drivers help older adult residents with rides to medical appointments outside of the County. They use their own vehicles and mileage reimbursement is available. The volunteers pictured, Marjorie and Sherry, both express how much they enjoy helping others and the conversation they have on medical trips.

Drivers are also needed for the DAV (Disabled American Veterans) Medical Transportation Program housed at the WNY Veterans Healthcare Center in Batavia. DAV vehicles are provided for drivers to assist veterans in Genesee and surrounding counties get to VA medical appointments in Batavia and Buffalo. Both of these volunteer services are the necessary link to care. Call Office for the Aging at 585-343-1611 if you'd like to learn more about volunteer driving opportunities or need medical transportation.



Marjorie and Sherry, Senior Volunteer Program Volunteers, OFA Medical Transportation Program

"Health is the greatest of human blessings." - Hippocrates

SENIOR VOLUNTEER PROGRAM

Genesee County offers a wide variety of volunteer opportunities to those age 55 and older. Staying active and engaged in your community is one of the keys to remaining independent and healthy.

To learn more about volunteer opportunities, call Office for the Aging at (585) 343-1611

08 AGENCY SPOTLIGHT - TRANSPORTATION

The Genesee County Office for the Aging offers a variety of options for your transportation needs. Through the Muriel H. Marshall Fund, and in partnership with Community Action Transportation System, RTS Genesee and the Genesee Senior Volunteer Program, the Transportation Coordination Program helps find transportation services for medical appointments in and outside of Genesee County. Other trips within Genesee County may include trips to the pharmacy, grocery shopping and other personal shopping; banking, running errands and social events.

Community Action Transportation Services (CATS) is funded in Genesee County by The Community Foundation's Muriel H. Marshall Fund for the Aging in Genesee County. It offers adults 60 and older transportation to medical appointments, shopping and personal errands. This assisted transportation service helps frail individuals, who need a higher level of assistance getting in and out of their homes. Buses are lift-equipped and if needed passengers can enter via the lift, if climbing the stairs is not possible. The service is focused on destinations within Genesee County and weekly trips are made for out-of-county medical appointments. CATS serves seniors in all areas of the county with a special emphasis on older adults focused on destinations within Genesee County and weekly trips are made for out-of-county medical appointments. There is no fee for this service, but contributions are accepted to support the program. Suggested contribution is \$3.00 per round trip, in county and \$15 per round-trip out-of-county. At least a one-week notice is required for out-of-county trips.

RTS Genesee provides transportation to medical, dental and therapy appointments in Genesee County, for Genesee County residents who are 60 and older. This service is provided Tuesday, Wednesday, Thursday 9:00 a.m. to 4 p.m. Call Office for the Aging to arrange your first ride with this service. Following that, reservations should be called 24 hours in advance, prior to the appointment, directly to RTS at (585) 343-3079. Trips are booked on a first-to-all, first served basis. Individuals should arrange their appointments to allow for pick-ups and drop-offs within the 9 a.m. to 4 p.m. time frame.

Volunteer Medical Transportation: Genesee County Office for the Aging, through the efforts of volunteer drivers from the Genesee Senior Volunteer Program, provides transportation to people 60 and over who have no other means of getting to their medical/dental appointments. Transportation is provided for Genesee County older adults primarily to areas outside the county such as Buffalo and Rochester. This program is designed for medical/dental appointments ONLY.

Social Transportation Program: This program is made possible through the Genesee Senior Foundation, with funds from The Community Foundation's Muriel H. Marshall Fund for the Aging in Genesee County. Free or reduced cost bus transportation may available to groups of 4 or more older adults for social outings. Groups are limited to two (2) trips per grant year (July 1 – June 30). Groups using a Motor Coach, may receive a reimbursement of up to \$750 to assist with the cost.



Pictured: Sherry - Volunteer Driver, Virgie - CATS Driver, Carissa - OFA Staff, Joe - RTS Driver, Maureen - OFA Staff and Marjorie - Volunteer Driver

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Library Visits

We deliver library services to older adults in Genesee County who are unable to visit the library.

Richmond Memorial Library
 343-9550 option 6 • LibraryVisits@nioga.org
 An ask_marshall program of the Muriel H. Marshall Fund at Rochester Area Community Foundation

**Bills...
 Bills...
 Bills**

If keeping track of bills and payments has gotten a little overwhelming, **we can help.**

Lifespan's trained staff members and volunteers can visit you at home to help you:

- Plan a budget and pay bills.
- Balance a checkbook.
- Work with creditors.
- Fill-out forms for benefits.

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Or, if you have a spare hour or two a month, **volunteer to help an older adult with financial tasks.**

Lifespan's Financial Management Service is partially funded by the U.S. Administration on Aging, the Genesee County Office for Aging through the Muriel H. Marshall Fund. No fee is charged, but donations are encouraged.

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Contact Chris Reeves

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Genesee County Office for the Aging - Batavia, NY

14-0475

12 INFO ON THE GO

NY CONNECTS INFO ON THE GO

NY Connects of Genesee County is here to help you. Whether you are an older adult, person with a disability, or a caregiver, we have a fair and easy way for you to get connected to the long term care help you need.

Meet with NY Connects/Office for the Aging staff in your community at the below locations for guidance, information, and help finding programs that fit your needs! Call Office for the Aging for more information - (585) 343-1611.

- June 3rd: 9am-1pm **Town of Pavilion**, 1 Woodrow Dr., Pavilion NY 14525
- June 18th: 8:30am-3:30pm **Village of Oakfield**, 37 Main St., Oakfield NY 14125
- June 29th: 10am-4:30pm **Village of Elba**, 4 South Main St., Elba NY 14058
- July 2nd: 9am - 4pm **Village of Bergen**, 11 N. Lake Ave., Bergen, NY 14416
- July 9th: 1pm - 3pm **400 Towers**, 400 East Main St., Batavia, NY 14020
- July 13th: 8:30am - 3pm **Town of Darien**, 10569 Alleghany Rd., Darien Center, NY 14040
- July 15th: 10am - 4:30pm **Town of Oakfield**, 3219 Drake St., Oakfield, NY 14125

This newsletter is funded through grants from the New York State Office for the Aging, Administration for Community Living, and the generous support of the Genesee County Legislature. SUGGESTED CONTRIBUTION - \$5.00

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SEASONAL PRODUCE

Yuexin (Kate) Li, BS – Dietetic Intern, WNY Integrated Care Collaborative

What kind of fruits and vegetables have you been purchasing? Have you ever considered seasonal produce? Seasonal produce aligns with the natural growing cycles of the local climate. They are grown and harvested during their natural time of year in a specific region. Because they are picked at peak ripeness, they tend to have better flavor, higher nutritional value, and are often more affordable. Seasonal produce can be fresh, frozen, canned, or dried, allowing flexibility while maintaining nutritional value.

Benefits of Eating Seasonally:

- **Dietary Variety:** Eating seasonally promotes a naturally varied diet throughout the year, bringing different flavors and textures with each season. This diversity not only makes meals more enjoyable but also helps support a broader intake of essential nutrients.
- **Reduced Carbon Footprint:** Seasonal produce is typically grown closer to home, requiring less transportation. This helps lower greenhouse gas emissions from shipping, refrigeration, and storage.
- **Lower Energy Use:** Unlike out-of-season items that often rely on artificial ripening or preservatives, seasonal foods are grown and harvested naturally at their peak, requiring less energy overall.
- **Supports Local Farmers:** Purchasing locally grown produce helps sustain agricultural jobs and strengthens the local economy.
- **Cost Savings:** Seasonal fruits and vegetables are often more abundant, making them more affordable while also offering better freshness and quality.

Examples of Seasonal Produce:

- **Spring:** Asparagus, strawberries, peas, spinach, radishes, rhubarb, apricots, artichokes, spring onions (scallions), lettuce
- **Summer:** Tomatoes, watermelon, corn, blueberries, peaches, zucchini, cucumbers, bell peppers, eggplant, cherries
- **Fall:** Pumpkin, sweet potatoes, apples, winter squash, Brussels sprouts, cranberries, kale, pears, beets, carrots
- **Winter:** Oranges, grapefruit, kale, cabbage, leeks, turnips, parsnips, pomegranates, kiwifruit, collard greens

Incorporating seasonal produce into daily meals is a simple yet effective way to improve diet quality, reduce environmental impact, and support local communities. To learn more about how you can incorporate seasonal produce in your diet, follow up with a registered dietitian.



DO YOU HAVE A NUTRITION QUESTION OR WOULD LIKE MORE INFORMATION?

The Genesee County Office for the Aging works with Registered Dietitians who specialize in nutrition for older adults. If you are a Genesee County resident, age 60+ you qualify for this program! Please call 585-343-1611 for more information or to make an appointment with a Registered Dietitian.

14 BRAIN HEALTH

MOVE YOUR BODY, BOOST YOUR BRAIN!

Submitted by: Rachel Salvaggio, LCSW

Did you know that staying active isn't just good for your body, it's one of the best things you can do for your brain? Research shows that regular movement improves blood flow, supports new brain cell growth, and can even help keep memory and thinking skills sharp. The best part? You don't need gym membership or intense workouts.

Take a walk around your neighborhood, dance to your favorite song, or do gentle stretches in the morning. Everyday tasks like gardening, vacuuming, or carrying groceries count too! Strength training with light weights or resistance bands a few times a week can help keep both your body and mind strong.

For those caring for a loved one with Alzheimer's or dementia, exercise can be a shared activity. Short walks together, tossing a soft ball, or following a chair yoga video can provide both physical and mental benefits and turn into a fun, bonding routine.

Exercise doesn't have to be perfect. The key is consistency and enjoyment. Pick activities you love, mix them into your week, and celebrate every step, stretch, or spin. You're not just moving your body; you're supporting your brain. It's important to remember that small steps today can help keep your mind healthier tomorrow!

Try any of these simple activities to keep your body and brain active:

- Neighborhood Walks - Take a 10–20 minute stroll and enjoy the fresh air.
- Dance Party - Move to your favorite music in your living room.
- Chair Yoga- Stretch and strengthen muscles safely, even while seated.
- Gardening or Yard Work - Dig, plant, and prune for both movement and fresh air.
- Household Chores- Vacuuming, sweeping, or carrying laundry counts too!
- Strength Training- Use light weights or resistance bands 2–3 times a week.
- Ball Toss- Toss a soft ball with a family member or friend to improve coordination.
- Take the Stairs- Swap elevators for stairs whenever you can.
- Stretch Breaks- Stand up and stretch for a few minutes every hour.
- Walk with a Friend- Combine social time with gentle exercise for a brain boost.

It is important to choose activities you enjoy and make them part of your daily routine. Consistency matters more than intensity!


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***This information is for educational purposes only.
Please consult your healthcare provider before starting
any new exercise program, especially if you have
underlying health conditions or concerns.***



CAREGIVER SUPPORT GROUPS

A caregiver support group is where people who care for others can connect, share experiences, and feel understood. Caregiving can be deeply meaningful, but it can also be exhausting and isolating. These groups exist to counter that isolation. It gives caregivers a place to breathe, know they are not alone and that their well-being matters too. The Office for the Aging facilitates two support groups:

 **Caring Connections** - a group for those caring for a loved one who is 60 years or older. **1st Tuesday of the month at 4:30pm.**

 **Dementia Caregiver Support Group** - a group for individuals caring for a loved one with memory impairment. **3rd Thursday of the month at 1pm.**



Caregiver Program Staff:
Julie and Laurie

ARE YOU CARING FOR A LOVED ONE WITH MEMORY IMPAIRMENT?

The Alzheimer's Association – WNY Chapter and the eight WNY Offices for the Aging, including Genesee County are part of the Alzheimer's Disease Caregiver Support Initiative (ADCSI). This program is funded through the New York State Department of Health and designed to support caregivers and people with dementia in the community. The core services of this program include: Caregiver Assessments, Education, Support Groups, Safety Services, Respite Services and Legal Services.

To learn more about this program, call 585-343-1611.

MUSICAL MEMORY CAFE

Caregivers and their loved one they care for are invited to a relaxing gathering featuring music, conversation, and a shared meal. Join us at the Office for the Aging at 2 Bank St., Batavia for this free community event. Funding is generously provided by the Ralph C. Wilson, Jr. Legacy Funds.

- Thursday, June 4th at 4pm
- Monday, July 20th at 1pm
- Wednesday, August 19th at 1pm

Please register by calling Office for the Aging at 585-343-1611.



SAVE THE DATE

The Alzheimer's Association – WNY Chapter will be providing education opportunities in the upcoming months. The programs include: Communicating Effectively on June 3rd at 2pm and Supporting Independence on July 14th at 2pm.

CARING FOR A LOVED ONE

Are you a caregiver? If you run errands, prepare meals, drive a loved one to appointments, or provide support in any other way — you are a caregiver. Help is available for those caring for a person age 60+ or caregivers of those with a cognitive impairment of any age. Please call the Office for the Aging at 585-343-1611 for more information!

16 HEALTH INSURANCE

RETIREMENT SEMINAR

The Genesee County Office for the Aging will host a Retirement Seminar on Wednesday, June 17th, from 10:00am to 12:00pm. The program will take place at Genesee Community College, 1 College Road, Batavia - Room T102 in the Technology Building.

Topics will include: Social Security, Life balance in retirement, NY State of Health / Marketplace Insurance, Medicare, Legal considerations and Financial planning.

To reserve your place, please call the Office for the Aging at 585-343-1611. There is no fee to attend.

WHAT IS MEDICARE FRAUD AND HOW TO PROTECT YOURSELF

Medicare fraud affects many Americans every year, but knowing the warning signs can make all the difference. Join the NY Statewide Senior Action Council for an informative session on how to recognize scams, safeguard your personal information, and take action if you suspect fraudulent activity.

Event Details: Wednesday, July 15th from 11:30 a.m. – 1:00 p.m.

Location: Town of Oakfield, 3219 Drake Street Road, Oakfield



A complimentary lunch will be provided thanks to a generous donation from Highmark Blue Cross Blue Shield. Reservations are required as space is limited for this free presentation. Please call 585-343-1611 to reserve your spot.

NY CONNECTS OF GENESEE COUNTY



1-800-342-9871 OR 585-343-1611

NY Connects of Genesee County is here to help you. Whether you are an older adult, person with a disability, or caregiver, we have a fair and easy way for you to get connected to the long term care help you need. We make the hard choices simpler for you. Call us or reach us on the web at: www.nyconnects.ny.gov

Prescreen for programs you may be eligible for at:
www.mybenefits.ny.gov

“DO YOU REMEMBER THESE?”

Co-hosts Connie & Charlie

Listen to our radio show on WBTA at 1490 AM or 100.1 FM Sundays 9:00 AM or 9:00 PM.

Lots of topics & music to take you back to fun memories!



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