GENE-SENIOR

GENESEE COUNTY OFFICE FOR THE AGING

APRIL, MAY, JUNE 2026

ADDRESS

2 Bank Street, Batavia, NY 14020

PHONE

585-343-1611

EMAIL

ofa.dept@geneseeny.gov

FACEBOOK

GCOfficeFortheAging/

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A spring Crocus from the garden of an Office for the Aging team member.

OUR MISSION

It is the mission of the Genesee County Office for the Aging to provide information, support and advocacy to our residents 60 years of age and older, their caregivers and persons with disabilities of all ages. Our aim is to promote their independence and improve their quality of life.

The focus of our programs are for Genesee County residents age 60+ and their caregivers. To learn more about our programs and services, please call (585) 343-1611.

For individuals with disabilities or language interpretation needs, requests for reasonable accommodations should be made with at least five days' notice.

If you have a situation that you would like to discuss; a private, confidential appointment with a trained staff member can be arranged at your convenience. Should you be unable to come into the office, a worker can visit you in your home.

MESSAGE FROM OUR DIRECTOR
Jessica Riley

BRAIN HEALTH & AGING FORWARD

As we move into the beauty of spring, it's a wonderful time to focus on growth, including the health of our minds. Brain health plays a powerful role in how we age. Staying mentally active, socially connected, physically engaged, and emotionally balanced all help support memory, focus, and overall well-being. It's never too late to take steps toward a healthier brain.

Simple actions like learning something new, attending community programs, managing stress, staying active, and maintaining strong social connections can make a meaningful difference. At the Genesee County Office for Aging, we are proud to offer opportunities that help you do just that.

Aging Forward Expo – Tuesday, May 19th

We invite you to join us on May 19th at Genesee Community College for our Aging Forward Expo from 9:00 AM to 1:00 PM. This exciting event will feature a keynote speaker focused on brain health and aging, along with breakout sessions on caregiving, sexual wellness, falls prevention, estate planning, breath-body-mind practices, and more. During lunch, participants can gather information from agency partners, connect with local experts, and learn about resources available right here in our community. This program is for Genesee County residents age 55+. Registration is $5 per person and includes lunch. Register on our website or register in person at our office.

Aging Mastery Program – Beginning May 21st

On May 21st, we kick off a five week session of the Aging Mastery Program. This engaging, evidence-based program helps participants take practical, manageable steps toward improving health, financial security, community involvement, and overall quality of life. Throughout the program, we explore topics such as healthy eating, exercise, financial fitness, advance planning, medication management, and cognitive health. Participants consistently share how empowering it feels to take control of their aging journey in a supportive and encouraging environment.

Aging is not about slowing down — it's about continuing to grow with knowledge, confidence, and purpose. I encourage you to invest in your health and wellbeing this season by participating in these upcoming events. Together, we are aging forward.

ADVISORY MEETINGS

Office for the Aging Advisory
Wednesdays,
April 1st, May 6th and June 3rd at 2:30pm

Genesee Senior Foundation
Thursday, May 21st at 2pm

GENESEE SENIOR FOUNDATION DONATIONS

Thank you!

Diana Martino
Kathy Jasinski
David Leone

Thank you!

CARDS AT THE SENIOR CENTER

HAND AND FOOT
MONDAY | 9:30AM - 11:30AM

BRIDGE
MONDAY | 1PM
WEDNESDAY | 1PM

EUCHRE
THURSDAY | 10AM - 12PM

CRIBBAGE
THURSDAY | 1PM - 4PM

FOLLOW US ON facebook

MAHJONG

Tuesday |10am - 12pm

Enjoy an engaging and intellectually stimulating game in a welcoming, relaxed environment.

QUILTING/SEWING GROUP

Wednesday | 9am - 12:30pm

Learn, create, and connect with others.

LINE DANCING

Friday | 9:30am - 11 am

A way to stay active, boost balance, keep your mind sharp, and enjoy great company.

YOUNG AT ART

Friday | 1pm - 2:30pm

$10 per class to cover all supplies. All experience levels welcome!

MONTHLY PROGRAMS

BINGO
2nd Monday of the month
12:30pm

BUNCO
4th Monday of the month
2pm - 4pm

CRAFTS & COFFEE
1st Wednesday of the month
10am

BOOK CLUB
1st Wednesday of the month
10am - 11am

MEDITATION (April & May)
3rd Wednesday of the month
10am - 11am

OFFICE FOR THE AGING MEAL SITES

Food nourishes more than the body—it also supports connection. Shared meals and nutrition programs bring people together, boosting mood and reducing isolation and loneliness. Please call ahead to reserve your meal!

LUNCH SERVED AT NOON
$4 suggested contribution per meal

Havenwood - 240 Richmond Ave., Batavia
Monday through Friday - 585-344-1330

Batavia Senior Center - 2 Bank St., Batavia
Monday, Thursday and Friday - 585-343-1611

Leisuretimers - 364 Bloomingdale Rd., Akron
Tuesday - 585-343-1611

Corfu Presbyterian Church - 63 Alleghany Rd, Corfu
Thursday 585-343-1611

YOUR SUPPORT IS APPRECIATED

The Genesee Senior Foundation is a nonprofit dedicated to helping older adults in Genesee County enjoy greater independence and quality of life. By partnering with the Genesee County Office for the Aging (OFA), it provides extra support for programs that need more than public funding can offer.

Name_____ If you do **not** want your name published in our monthly newsletter, please indicate by marking the box. ☐

_____
(Street Address, City, State, Zip

Gift amount: $_____

In Memory of: _____ / In Honor of:_____

*If you would like someone notified of your memorial/ honor donation, please provide their name and address:

_____

Your generosity directly strengthens essential OFA programs, including Project Lifesaver—a tracking system that enhances safety for individuals with dementia—along with Home Delivered Meals, Recreation opportunities, Transportation, Trips and other vital services.

Please designate contribution:

☐ Where most needed or

☐ FOR THIS PROGRAM: _____

All donations are greatly appreciated & are tax deductible to the extent of the law.
Checks payable to: Genesee Senior Foundation, Inc., 2 Bank St., Batavia, NY 14020

SOCIAL TRANSPORTATION

Social Transportation funding is available! This program is made possible through the Genesee Senior Foundation, with support from Rochester Area Community Foundation's Muriel H. Marshall Fund for the Aging in Genesee County. Transportation is available for groups of four or more Genesee County older adults participating in social outings, with funding of up to $750 per trip. Each group may take up to two trips per grant year (July 1–June 30). Groups using a motor coach may also be eligible for reimbursement of up to $750 to help offset transportation costs.

For more information or to arrange for a bus, call Office for the Aging and ask for the Transportation Coordination Program at (585) 343-1611.

AGING MASTERY PROGRAM

What is the Aging Mastery Program® (AMP)? The Aging Mastery Program (AMP) is a fun and engaging education and behavior change incentive program for aging well. AMP participants create their own playbook for aging well through actionable goals, sustainable behaviors, social engagement, and gratitude.

The AMP core curriculum covers 10 topics. The classroom experience emphasizes peer-to-peer interaction. After graduation from AMP, participants will have set goals for positive actions in many aspects of their lives such as exercise, nutrition, finances, advance care planning, community engagement, and healthy relationships.

If you would like to participate in AMP, there will be one final session this spring! **Classes will take place every Thursday, May 21st - June 18th from 9:30am until 12:15pm.** If you are interested in learning more or would like to sign up for this free program, call 585-343-1611.

HEALTHY LIVING: Step Into Wellness Series

Free Community Education Presenation led by Rochester Regional Health Physical and Occupational Therapists

- May 13, 2026: Knee Arthritis - 12pm - 1pm
- July 8, 2026: Low Back Pain - 12pm - 1pm

Location: Healthy Living Campus -1st Floor, 211 East Main Street, Batavia

Questions? Call the Health Living at 585-344-5331

UPCOMING EVENTS!

CALL OFFICE FOR THE AGING FOR REGISTRATION/INFORMATION - 585-343-1611

- Musical Memory Cafe for Care Partners in collaboration with the Finger Lakes Caregiver Institute: Tuesday, April 7th at 1pm
- Day Trip for Care Partners: Tuesday, April 14th
- Armchair Travel to the National Parks: Monday, April 20th at 1:30pm
- Musical Memory Cafe for Care Partners: Tuesday, April 21st at noon
- Medicare 101: Tuesday, April 21st at 5pm
- Day Trip for Care Partners: Tuesday, May 12th
- Problem Gambling 101 - Presented by NY Council on Problem Gambling: Tuesday, May 12th at 11am
- Aging Expo: Tuesday, May 19th from 9am - 1pm
- Medicare 101: Tuesday, May 19th at 5pm
- Aging Mastery Program: Thursday, May 21st - June 18th from 9:30am -12:15pm
- Autism Nature Trail/Nature Center Trip at Letchworth: Wednesday, June 3rd 12:45pm - 4:45pm
- Summer Kick Off: Monday, June 15th at 1pm
- Retirement Seminar: Wednesday, June 17th from 10am - noon
- Medicare 101: Wednesday, June 17th at 5pm
- “Mindfulness in Nature” - A guided Walk Through DeWitt Park in collaboration with Genesee County Park and Forest: Thursday, June 25th at 10am

NY CONNECTS - NAVIGATION OPTIONS

When you or someone you care about needs help understanding long-term care options, it can feel confusing and stressful. “Long-term care” simply means the medical and non-medical services that help people stay independent, healthy, and safe as they age or live with a disability. That’s where NY Connects can help.

NY Connects, offered in partnership with the New York State Office for the Aging, follows a “No Wrong Door” approach. No matter how you reach out—by phone, in person, or online—you’ll be connected with trained, caring specialists ready to guide you.

NY Connects is a free, one-stop resource for clear, unbiased information about long-term services and supports. It’s available to people of all ages and abilities, including older adults, individuals with disabilities, caregivers, and professionals looking for resources.

Our staff take time to listen, understand your situation, and explain the options available in the community. Using a person-centered approach, NY Connects Specialists help you think through your goals, values, and preferences before making decisions. Instead of giving a one-size-fits-all answer, NY Connects will explain what services are available, who qualifies and what steps to take next. This helps you make confident, informed choices.

NY Connects is more than an information line. It’s an advocate that helps simplify complicated systems and turn confusion into clear steps. Empowering people with knowledge, NY Connects helps individuals stay independent, improve quality of life, avoid unnecessary nursing home placement when community support is appropriate, and reduce stress for families and caregivers.

If you would like to learn more or speak with a staff member, contact the NY Connects program at Office for the Aging (585) 343-1611 or visit us in person at 2 Bank Street, Batavia. No matter where you are on your journey, we are here to help.

Meet the NY Connects team at Office for the Aging: Jennie, Julie, Chris and Carissa

INFO ON THE GO

Meet with NY Connects staff in your own community for guidance, information, and help finding programs that fit your needs! Please see page 12 for dates and locations or call 585-343-1611 for more information.

SPRING INTO SAFETY: PREVENTING FALLS AT HOME THIS SPRING

By Laiken Ricker, Public Health Specialist, Genesee and Orleans Health Department

Spring is a time for fresh starts, warmer weather, and getting back to daily activities after winter. As older adults become more active during this season, it is important to make sure their homes and routines support safety and balance.

Changes in weather, lighting, and activity levels can increase the risk of falls if precautions are not taken. Spring is the perfect time to focus on simple steps that can help older adults stay steady and confident as they move more.

Here are some easy ways to reduce fall risks and stay safe this spring:

- Clear Clutter: Remove items from walkways, stairs, and entryways. Shoes, cords, and rugs can easily become tripping hazards.
- Improve Lighting: Make sure hallways, staircases, and bathrooms are well lit. Replace burned-out bulbs and consider nightlights for evening hours.
- Wear Supportive Footwear: Choose shoes with non-slip soles and good support. Avoid walking in socks or loose-fitting shoes, especially on wet spring surfaces.
- Check Outdoor Areas: Look for uneven sidewalks, loose steps, or slippery porches around your home. Make repairs when needed and use handrails for support.
- Review Medications: Some medications can cause dizziness or drowsiness. Talk with your healthcare provider or pharmacist to review medications and possible side effects.
- Get Your Vision Checked: Vision changes can make it harder to notice hazards. Regular eye exams help ensure you can see clearly and move safely.

As we welcome spring, it is important to remember that small changes at home can make a big difference in preventing falls. By creating a safer environment and staying aware of seasonal risks, older adults can enjoy the spring months with confidence and independence. For more information and support, contact Office for the Aging at 585-343-1611.

References: Centers for Disease Control and Prevention. (2026). About Older Adult Falls Prevention. https://www.cdc.gov/falls/about/index.html

Horizon Health Care. (2023). Creating a Safe Haven: Reducing the Risk of Falls in Your Home https://www.horizonhealthcare.org/reducing-the-risk-of-falls/

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Listen to our radio show on WBTA at 1490 AM or 100.1 FM Sundays 9:00 AM or 9:00 PM.

Lots of topics & music to take you back to fun memories!

Sponsored by: Genesee Senior Foundation

The Financial Assistance, Library Visits, Handyman, Home Visitation and Transportation Programs are funded by a grant from the Muriel H. Marshall Fund for the Aging in Genesee County; The fund is overseen by the Rochester Area Community Foundation.

SENIOR VOLUNTEER PROGRAM

Genesee County offers a wide variety of volunteer opportunities to those age 55 and older. Staying active and engaged in your community is one of the keys to remaining independent and healthy. To sit down and chat about volunteer opportunities, call Office for the Aging at (585) 343-1611

Picture of volunteer Pam with Senior Volunteer Program Coordinator, Courtney

HOME VISITATION PROGRAM AND CATHOLIC CHARITIES

Submitted by: Linda Chadderon, Coordinator

Our Home Visitation Program was created by the Muriel H. Marshall Fund, and the generosity of Batavia native Roxanne Marshall, as a way to bring friendship and reduce loneliness among older adults in Genesee County. If you, or someone you know, is 60+, resides in Genesee County, can no longer easily leave home, and would benefit from a friendly in-person visit or telephone call from one of our trained volunteers, please call and ask about The Home Visitation Program. This free program matches trained volunteers who provide regular visits/telephone calls, with the goal being to provide increased social connection. Joining is easy! Call the Genesee County Office for the Aging- ***ask marshall*** Helpline at (585)-815-7979 and ask for a referral to The Home Visitation Program. We are always looking for volunteers also!

Save the date!

Genesee Connections

Older Adult Resources & Volunteer Opportunities

Tuesday, April 28
10 am - 3 pm

Genesee County Office for the Aging
2 Bank Street, Batavia, NY 14020

Workshops on community programs, stroke prevention, advance directives, and estate planning!
Tabling from local organizations that provide services for older adults!

Sponsored by Lifespan with support from the Genesee County Office for the Aging & the Center for Elder Law & Justice

Lifespan *Take it on!*

CENTER FOR ELDER LAW & JUSTICE

More information coming soon!
Registration will be required.

ASL interpretation available upon request.
Questions or accommodation requests, call 585-244-8400 ext. 239.

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Genesee County residents age 60+:
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Contact Catholic Charities at (585) 343-0614.

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Library Visits

We deliver library services to older adults in Genesee County who are unable to visit the library.

Richmond Memorial Library
343-9550 option 6 • LibraryVisits@nioga.org
An ***ask marshall*** program of the Muriel H. Marshall Fund at Rochester Area Community Foundation

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NY CONNECTS INFO ON THE GO

NY Connects of Genesee County is here to help you. Whether you are an older adult, person with a disability, or a caregiver, we have a fair and easy way for you to get connected to the long term care help you need.

Meet with NY Connects/Office for the Aging staff in your community at the below locations for guidance, information, and help finding programs that fit your needs! Call Office for the Aging for more information - (585) 343-1611.

- April 2nd: 9am-4pm **Village of Bergen**, 11 North Lake Ave., Bergen NY 14416
- April 9th: 8:30am-3:30pm **Town of Elba,** 7133 Oak Orchard Rd., Elba NY 14058
- April 14th: 11am-2pm **Leisuretimers Apartments,** 364 Bloomingdale Rd., Akron NY 14001
- April 16th: 8:30am-3:30pm **Town of Oakfield,** 3219 Drake St., Oakfield NY 14125
- April 20th: 9am-3pm **Town of Darien,** 10569 Alleghany Rd., Darien Center NY 14040
- May 7th: 9am-3pm **Town of Bethany**, 10510 Bethany Center Rd., East Bethany NY 14054
- May 14th: 11am-4pm **Woodward Library,** 7 Wolcott St., Leroy NY 14482
- May 20th: *Time to be determined* **Town of Alexander,** 3350 Church St., Alexander NY 14005
- June 3rd: 9am-1pm **Town of Pavilion,** 1 Woodrow Dr., Pavilion NY 14525
- June 18th: 8:30am-3:30pm **Village of Oakfield,** 37 Main St., Oakfield NY 14125
- June 29th: 10am-4:30pm **Village of Elba,** 4 South Main St., Elba NY 14058

Have Questions about Medicare? Clarity Group has Answers!

If you have Medicare or are turning 65 soon, call for your no cost consultation.

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Lisa Giancarlo
Owner, Vice President / Independent Sales Agent
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lisagiancarlo@claritygroupny.com
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3140 Sheridan Dr., Amherst, NY 14226
216 East Main St., Batavia, NY 14020

We do not offer every plan in your area. Currently, we represent ten organizations which offer seventy-six products in your area. Please contact www.Medicare.gov, 1-800-Medicare or your local State Health Insurance program to get information on all your options.

Bills... Bills... Bills

If keeping track of bills and payments has gotten a little overwhelming, we can help.

Lifespan's trained staff members and volunteers can visit you at home to help you:
- Plan a budget and pay bills.
- Balance a checkbook.
- Work with creditors.
- Fill-out forms for benefits.

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For Older Residents of Genesee County

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Or, if you have a spare hour or two a month, **volunteer to help an older adult with financial tasks.**

Lifespan's Financial Management Service is partially funded by the U.S. Administration on Aging, the Genesee County Office for Aging through the Muriel H. Marshall Fund. No fee is charged, but donations are encouraged.

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GUIDE TO FOOD CODE DATES

Omar Velasquez, BS – Dietetic Intern, WNY Integrated Care Collaborative

Have you ever reached into your pantry and wondered whether that loaf of bread is still edible? Or discovered a container of leftovers days later and asked if it's safe to eat? Food code dates can be confusing and can often lead to food waste. This guide breaks down how to recognize signs of food spoilage and how to properly interpret food code dates.

Food date labels are not all the same — most are addressing quality over safety.
· **Best If Used By / Best By**: indicates when a product will be at its best in terms of flavor or quality. Foods are often still safe to eat if they have been stored properly and show no signs of spoilage.
· **Sell By**: Often used by grocery stores, particularly for inventory purposes. It helps retailers know how long it takes to have the product on store shelves. This type of label is not "safe by" date.
· **Use By**: Primarily used to recommend when to utilize the product for peak quality.

General Food Storage Guidelines
Refrigerated Products:
· **Milk**: 5-7 days after opening ~ typically have "sell by" dates
· **Yogurt**: 1-2 weeks after opening (check for mold or off odors)
· **Cooked leftovers** (meat, poultry, vegetables): 3-4 days
· **Cooked seafood**: 3-4 days
· **Fresh produce**: 3-7 days

Foods That Often Last Longer Than You Think – 6+ Months Past Food Code Date
When stored properly, unopened, and if packaging has no dents, rust, bulging, or damaged
·Shelf-stable products: Canned vegetables, beans, lentils, soups, pasta, rice
·Dry goods: Flour, cereal, oats, crackers, nuts, seeds, granola, coffee, tea
·Condiments: Ketchup, mustard, mayonnaise, salad dressings, soy sauce

How to Tell If Food Is Still Safe to Consume:
Use your senses instead of relying on the food code date:
· **Sight**: Check for mold (black spores), unusual color, slimy texture
· **Smell**: Off odors such as sour, rancid, or rotten

Food waste is a major issue worldwide. Having a better understanding of food code dates can help reduce food waste and help stretch your grocery budget. Food code dates are general and not strict rules for most foods. If you have any questions about proper food storage, safety, or how to develop sustainable eating habits, consider meeting with a registered dietitian for additional guidance and support.

DO YOU HAVE A NUTRITION QUESTION OR WOULD LIKE MORE INFORMATION?

The Genesee County Office for the Aging works with Registered Dietitians who specialize in nutrition for older adults. If you are a Genesee County resident, age 60+ you qualify for this program! Please call 585-343-1611 for more information or to make an appointment with a Registered Dietitian.

2026 MEDICARE SAVINGS PROGRAM ELIGIBILITY

Submitted by: Kimberly Perl, Medicare Specialist

Medicare Part B costs $202.90 per month and automatically comes out of your Social Security check. If you meet the GROSS monthly income requirements listed below, please call us for a Medicare Savings Program application to get that money back into your Social Security check!

If you meet eligibility, the cost of your prescriptions will also go down considerably. Resources are NOT looked at, only ACTUAL monthly/yearly income. 585-343-1611.

Individual (not married) – no more than $2,494/month
Couple, living together – no more than $3,375/month

SEEKING HEALTH INSURANCE VOLUNTEERS - ARE YOU UP TO THE TASK?

Have you ever been interested in how Medicare works? Do you have some time on your hands and want to learn? Do you have the desire to help others as a peer? HIICAP (Health Insurance Information Counseling Assistance Program) focuses on Original Medicare, and the options a person has once becoming eligible for Medicare, as well as programs for those who have lower income which assist with prescription costs. We are not sales agents or brokers – we answer Medicare questions and narrow choices down for our clients, so they then can go to an agent/broker to sign up for the proper plan.

We are looking for community members that are willing to take on the task of learning the basics of Medicare and become a certified counselor with our program! If you are interested, please reach out to the Office for the Aging Senior Volunteer Program at 585-343-1611.

NY CONNECTS OF GENESEE COUNTY

NEW YORK STATE | NY Connects
Your Link to Long Term Services and Supports

1-800-342-9871 OR 585-343-1611

NY Connects of Genesee County is here to help you. Whether you are an older adult, person with a disability, or caregiver, we have a fair and easy way for you to get connected to the long term care help you need. We make the hard choices simpler for you. Call us or reach us on the web at: www.nyconnects.ny.gov

Prescreen for programs you may be eligible for at: www.mybenefits.ny.gov

ARE YOU CARING FOR A LOVED ONE WITH MEMORY IMPAIRMENT?

The Alzheimer's Association – WNY Chapter and the eight WNY Offices for the Aging, including Genesee County are part of the Alzheimer's Disease Caregiver Support Initiative (ADCSI). This program is funded through the New York State Department of Health and designed to support caregivers and people with dementia in the community. The core services of this program include: Caregiver Assessments, Education, Support Groups, Safety Services, Respite Services and Legal Services.

To learn more about this program, call 585-343-1611.

CAREGIVER SUPPORT GROUPS

A caregiver support group is where people who care for others can connect, share experiences, and feel understood. Caregiving can be deeply meaningful, but it can also be exhausting and isolating. These groups exist to counter that isolation. It gives caregivers a place to breathe, know they are not alone and that their well-being matters too. The Office for the Aging facilitates two support groups:

- **Caring Connections** - a group for those caring for a loved one who is 60 years or older. **1st Tuesday of the month at 4:30pm.**
- **Dementia Caregiver Support Group** - a group for individuals caring for a loved one with memory impairment. **3rd Thursday of the month at 1pm.**

Caregiver Program Staff:
Julie and Laurie

MUSICAL MEMORY CAFE

A Musical Memory Cafe is a gather place for caregiver and their loved ones to relax, socialize, enjoy a meal and some music. Caregivers and their care partners are invited to join us at the First Presbyterian Church, 300 East Main Street in Batavia for two Memory Cafes in April. These events are offered at no charge to participants.

The first Memory Cafe is sponsored by the Finger Lakes Caregiver Institute at Lifespan of Greater Rochester in collaboration with the Genesee County Office for the Aging. This event will take place on April 7th at 1pm. Please register online at: https://lp.constantcontactpages.com/ev/reg/crwtc9x

The second event will be provided by the Genesee County Office for Aging with funding provided by Ralph C. Wilson, Jr. Legacy Funds on April 21st at noon. Please register by calling Office for the Aging at 585-343-1611.

DAY TRIPS FOR CARE PARTNERS

Through a generous grant from the Ralph C. Wilson, Jr. Foundation, caregivers and the individuals they support can enjoy free, fully planned day trips. This program is designed to give caregivers a chance to relax, connect, and enjoy time together without the stress of planning or the cost.

Each outing includes transportation, admission to a special event, and a meal, all arranged and paid for through the grant. Whether it's a show, a museum visit, or another community experience, these trips offer a meaningful break and a chance to create positive memories.

Registration is required, please call 585-343-1611 to sign up. Upcoming day trips include:

April 14th - Strong Museum of Play including the Toy Hall of Fame and lunch.
May 12th - Memorial Art Gallery and lunch at BJs Brewhouse.

CARING FOR A LOVED ONE

Are you a caregiver? If you run errands, prepare meals, drive a loved one to appointments, or provide support in any other way — you are a caregiver. Help is available for those caring for a person age 60+ or caregivers of those with a cognitive impairment of any age. Please call the Office for the Aging at 585-343-1611 for more information!

GENESEE COUNTY OFFICE FOR THE AGING
Batavia - Genesee Senior
Center 2 Bank St. Batavia,
New York 14020

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