## **ATHLETIC TRAINER (HELP Program)**

<u>DISTINGUISHING FEATURES OF THE CLASS</u>: The work of this class involves professional athletic training services for high school athletic programs under the direction of the school physician or by written referral from a physician and under direct supervision of the school Athletic Director and School Principal. Incumbents of this class will follow the Standards of Practice and Code of Ethics set forth by the National Athletic Trainers Association within the parameters of the New York State Athletic Trainers licensing law. Does related work as required.

## **TYPICAL WORK ACTIVITIES:**

Establish and maintain an effective athletic training program for student athletes;

Provide Fist Aid and injury assessment/treatment/rehabilitation/reconditioning for student athletes;

Make appropriate physician referrals;

Maintain accurate records of injuries and treatments for sport injuries;

Co-administer baseline concussion testing for high school and modified athletes;

Provide coverage at home athletic events and practices throughout the school year;

Provide coverage for away sports during payoffs;

Supervise the clearance of injured athletes during the sports season;

Maintain a line of communication with the school physician regarding health care and recommended treatment/rehabilitation of all athletic injuries;

Maintain a line of communication with the coaches on the care and treatment of student athletes;

Oversee the management of and the ordering of supplies and equipment for the athletic training room(s); Equip each team with appropriate medical equipment;

Assist the coaching staff in implementing and evaluating sport-specific conditioning programs;

Other duties as required.

The above examples of duties are intended only as illustrations of the various types of work performed. The omission of specific statements of duties does not exclude them from the position if the work is similar, related or a logical assignment of the position.

# FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND/OR PERSONAL CHARACTERISTICS:

Good knowledge of the information and techniques needed to diagnose and treat human injuries, diseases, and deformities: knowledge of principals, methods, and procedures for rehabilitation of physical dysfunctions; good knowledge of training/instructional methods and procedures appropriate for student athletes, coaches and/or parents; knowledge of universal hygiene precautions; skill in the application of medical techniques; ability to instruct patients and staff in health practices; ability to evaluate athletes' readiness to play; ability to establish and maintain effective relationships with students of various economic and cultural backgrounds; ability to operate a motor vehicle when it is required; good judgment in problem solving; tact, good judgement; emotional stability, initiative, and resourcefulness; physical condition sufficient to perform the essential functions of the position.

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

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While performing the duties of this job, the employee is frequently required to bend, lift, sit, use hands to finger, handle, or feel objects, tools, or controls; and reach with hands and arms. The employee is required to talk, hear, and walk.

The employee must occasionally lift and/or move up to 25 pounds. Specific vision abilities required by this job include close and far vision and the ability to adjust focus.

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

The noise level in the work environment is moderate.

<u>MINIMUM QUALIFICATIONS</u>: In accordance with New York Education Law, Title 8, Article 162, Section 8355, must possess and maintain licensure as an Athletic Trainer.

**SPECIAL REQUIRMENT:** Possession of valid certification in CPR/Emergency Cardiac Care and maintenance of such certification throughout employment.

**SPECIAL REQUIRMENT:** In agencies where required, possession and maintenance of appropriate class motor vehicle operator's license.

**SPECIAL REQUIRMENTS:** Per regulations of the Commissioner of Education, to be employed in a position designated by a school district or BOCES as involving direct contact with students, a clearance for employment from the State Education Department is required.

All qualified applicants will be afforded equal employment opportunities without discrimination because of race, creed, color, national origin, sex, age, disability or marital status.

Non-competitive Class Approved 5/21/25