

## Services that may be available at community events:

- Partnership for volunteering
- First aid or first aid awareness
- Personal protective equipment (PPE) training and promotion
- Cooling center & hydration support
- Emergency preparedness app use information



## Safety trainings offered:

- Introduction to the Incident Command System (ICS 100)
- Psychological First Aid
- Mental Health Resiliency
- Fire Safety
- Stop-the-Bleed
- CPR/AED (certificate or hands-only)
- Basic Life Support for the Healthcare Provider
- Naloxone (Narcan) training
- ... and more!



**“Join us, we welcome anyone to be part of our local MRC who wants to serve and give back to our communities. There are many opportunities for both medical and non-medical volunteers, including trainings and service opportunities when participating as an active member.”**

*- Paul Pettit  
Public Health Director  
and MRC Volunteer*

**Learn More Online at  
GOHealthNY.org**



# GO HEALTH MRC

Help expand public health services and make our communities safer and more resilient by volunteering with our local MRC unit!

## We Welcome Anyone Who Wants to Help:



Healthcare AND Non-healthcare Volunteers



People who volunteer regularly AND volunteers on standby to assist during emergencies

## The National MRC

The Medical Reserve Corps (MRC) is a national network of volunteers with local units. MRCs are organized locally to improve the health and safety of their communities.

## To become a member:

### Step #1: New York State ServNY Registration

[www.apps.health.ny.gov/pub/servny](http://www.apps.health.ny.gov/pub/servny)



### Step #2: GO Health MRC Application

[bit.ly/GOHealthMRC](http://bit.ly/GOHealthMRC)



## Ongoing “active” membership, which is necessary for service and deployment, also requires:

- Attending an in-person orientation/refresher session at least once every 3 years to review policies
- Background screening with validation of relevant licenses
- Completion of two online trainings

## Connect with volunteer opportunities on local preparedness apps!



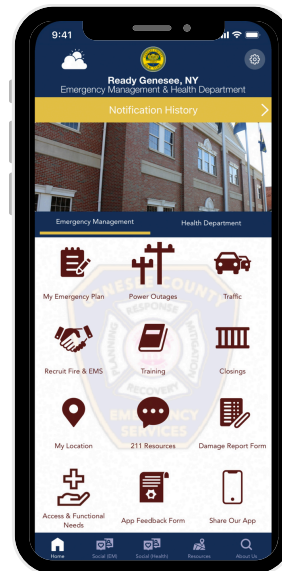
**Ready Genesee**



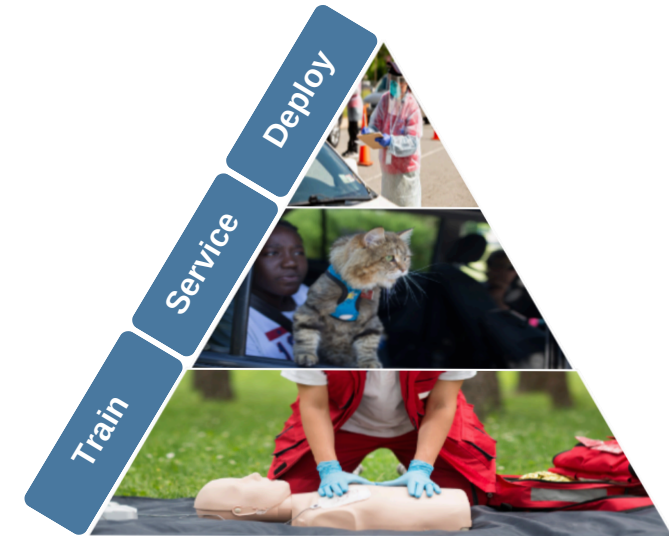
**Orleans Aware**



These emergency preparedness apps offer alerts, information, and resources available to the public. They are free to download using the QR codes or searching for it on the App or Play Stores.



## Levels of Volunteering with the MRC



**Train:** Emergency medical and preparedness safety skills

**Service:** Support for planned community and public health events

**Deploy:** Response and assistance during emergencies and other times of urgent public health need

**“Volunteering is fulfilling. I see it making a real difference in our community.”**

*- Cora Young  
MRC Volunteer*